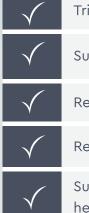
ULTRA OMEGA JOINT FREEDOM



ULTRA OMEGA JOINT FREEDOM is a triple strength formulation to support joint mobility, relieving mild joint inflammation and aches and pains. This formulation can also support cardiovascular health and cognitive function.



Triple strength concentrated omega-3

Supports joint mobility

Relieves mild joint inflammation

Relieves mild joint aches and pains

Supports cardiovascular and cognitive health

DELIVERY SYSTEM

120 soft gel capsules

DOSAGE

1-3 tablets per day or as directed by your healthcare professional.

DIETARY INFORMATION

Free from crustaceans, gluten, dairy, nuts, egg & sugars. Contains soy derived substances.

Each soft gel capsule contains

Natural orange oil sweet	15 mcg
Docosahexaenoic acid (DHA)	360 mg
Eicosapentaenoic acid (EPA)	540 mg
Concentrated fish omega-3 triglycerides	1500 mg

OMEGA-3 AND EXERCISE

While exercise is key in supporting a healthy immune system, prolonged and intensive exercise by athletes can cause increased oxidative stress and inflammation, leading to negative short and long-term health consequences.

BENEFITS OF OMEGA-3 TRIGLYCERIDES

JOINTS | INFLAMMATION | CARDIOVASCULAR Omega-3 fatty acids – including EPA and DHA – are dietary fats with a vast array of health benefits, primarily serving a key role in anti-inflammatory processes. It can be challenging to get the necessary intake of EPA and DHA through diet alone.

EICOSAPENTAENOIC ACID (EPA)

JOINTS | INFLAMMATION

Due to intense physical strain, athletes typically become more prone to cardiovascular risk factors. Clincial evidence highlights that high dosages of EPA supplementation as found in Omega-3 can help reduce cardiovascular risk factors such as high cholesterol, high blood pressure and resting heart rate variability.

If symptoms persist, consult a healthcare professional. Vitamin supplements should not replace a balanced diet. Do not use if seal is broken. Store below 30 $^\circ C.$

