



# Sizing Guide

## WOMEN'S TRISUITS



SIZE	HEIGHT		WEIGHT		CHEST		WAIST	
	FEET/INCHES	CM	LBs	KG	INCHES	CM	INCHES	CM
X SMALL	5ft 0 - 5ft 4	152 - 163	99 - 121	45 - 55	28 - 32	71 - 81	24 - 26	61 - 66
SMALL	5ft 2 - 5ft 6	157 - 168	110 - 132	50 - 60	30 - 34	76 - 86	26 - 29	66 - 74
MEDIUM	5ft 4 - 5ft 9	163 - 175	132 - 154	60 - 70	34 - 38	86 - 97	30 - 32	76 - 81
LARGE	5ft 6 - 6ft 0	168 - 183	143 - 165	65 - 75	36 - 40	91 - 102	32 - 36	81 - 91
X LARGE	5ft 6 - 6ft 0	168 - 183	154 - 176	70 - 80	36 - 42	91 - 107	32 - 38	81 - 97